

# #bepowerfulandfree

## COACHING PROGRAM TO EMPOWER YOUNGSTARS

# “FLY HIGH - REACH FAR”

by Tanja Bogataj

Leadership and Transformational Coach

### Approach:

- > individual and group coaching
- > #bepowerfulandfree approach
- > (self-) empowerment / (self-) leadership

### For whom:

- > 24-36 years old
- > individuals who have the willingness, potential, passion for personal and professional development and growth, and who want to make a difference in the world

### Framework:

- > 14 weeks; program is in English
- > 10x 1 hour session on-line + surprise session with a guest; 3 x laser coaching in between sessions; project work; group work
- > 8 - 10 participants
- > program can be adjusted for organizations

### Focus / Aim / Outcome:

- > personal and professional empowerment, growth, and impact
- > shortening, empowering, and accelerating your path to success
- > raising awareness of your potentials
- > learning and applying tools for transforming your limitations into potentials, for utilizing your potential to perform at your best, to achieve your goals effectively, to overcoming struggles and facing challenges
- > learning how to more efficiently manage your time, energy and inner states
- > learning and applying tools for self-empowerment and self-leadership
- > creating and living your best self and dreams now, and not sometime in the future after you do ‘everything’ else
- > learn and practice how to power with others for personal and professional growth, well-being, and making a positive difference



Apply - Contact Tanja  
NOW/ More info:  
tanjabogatajcoaching@gmail.com

Be Powerful and Free  
While Making a  
Difference.

#bepowerfulandfree

The sky is not the limit.

Your mind is.

Tanja Bogataj

E-mail:

tanjabogatajcoaching@gmail.com

Phone: +386 (0)40 230 876

www.tanjabogataj.com